



The Healthy Gut Workshop

THE 'INSIDE TRACT' TO DISEASE PREVENTION, HEALTHY DIGESTION AND A ROCK'N FLAT STOMACH!

Presenters:



Doctor Leesa Haire

Doctor of Naturopathy,
Biofeedback Specialist,
Registered Pharmacist



Kay Leaman

Health and Wellness Advisor;
HealthyDay HealthyLife;
Sanoviv Nutrition Advisor and
Certified Health Coach



Atheena Walters

Neuromuscular Therapist
and a Coach at Corefit30a
Training and Recovery

Wednesday, March 22, 2017 11:30 - 1:30

Army Aviation Center FCU: 200 Mack Bayou Rd, Santa Rosa Beach, FL 32459

