





























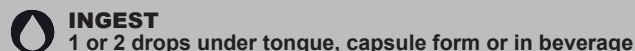


# ESSENTIAL OILS CAN IMPROVE YOUR MOOD, ENERGY & FOCUS

ORGANS		POSITIVE ATTRIBUTES	NEGATIVE ATTRIBUTES	EXTREME IMBALANCE
<b>Heart</b>	  Ylang Ylang, Marjoram, Geranium, Cypress, Ginger, Lavender, Rosemary  Smoothing Blend, Grounded Blend	Peaceful Calm Adaptable	Hyperactive Boisterous Superficial Erratic	Excessively passionate
<b>Small Intestine</b>	  Basil, Marjoram, Ginger, Rosemary			
<b>Spleen</b>	 Marjoram	Understanding Compassionate Resourceful Steadfast	Cynical Jealous Over-dependent	Suspicion Distrust Self-pity
<b>Pancreas</b>	  Respiratory Blend, Lemon, Protective Blend  Cypress, Rosemary			
<b>Stomach</b>	  Basil, Peppermint, Digestive Blend, Ginger  Lemon Grass			
<b>Lungs</b>	  Respiratory Blend, Eucalyptus, Sandie Wood, Frankincense, Joyful Blend, Protective Blend	Positive Practical Stable	Disinterested Melancholy Low Self-esteem	Extreme depression
<b>Large Intestines</b>	  Basil, Marjoram, Ginger, Rosemary			
<b>Kidneys</b>	 Lemon, Juniper Berry, Grapefruit, Geranium, Clary Sage	Adventurous Curious Courageous	Timid Indecisive Protective	Fear Paranoia
<b>Bladder</b>	 Thyme, Detoxification Blend  Cypress, Ylang Ylang			
<b>Sexual Organs</b>	  WOMEN: Clary Sage, Ylang Ylang, Blend for Women, Rose   MEN: Clary Sage, Clove, Rose, Ginger, Sandie Wood   LIBIDO: Ylang, Joyful Blend			
<b>Liver</b>	  Geranium, Roman Chamomile, Myrrh, Restful Blend, Digestive Blend	Patient Thoughtful Orderly	Domineering Irritable Insensitive	Anger Rage Violence
<b>Gallbladder</b>	 Helichrysum, Cypress  Cilantro, Rosemary, Ginger, Detoxification Blend  Geranium, Rosemary, Lavender, Juniper Berry			

## Unofficial Emotional Reference Sheet

### KEY



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